

Heart-shaped applesauce oat cookies

Make these easy heart-shaped cookies for your puppy love. Cooling them in the oven makes them hard, so they will keep well and benefit your pet's teeth.

Preheat oven to 350 degrees

In large bowl, stir together the flour, oats and cinnamon. In a small bowl, combine the applesauce, water, egg and molasses.

Add the applesauce mixture to the flour mixture and stir until well blended. On a lightly floured surface, roll the dough out about ½ inch thick and cut into shapes with a cookie cutter.

Transfer the cookies to a baking sheet that has been sprayed with non-stick spray. Bake for 20-25 minutes, until golden and firm. Turn the oven off but leave the cookies inside for several hours to harden as they cool.

Makes about two dozen cookies. Store in a tightly sealed container.

2 cups whole wheat flour
1 cup oats
1 tsp cinnamon
½ cup applesauce
¼ cup water
1 egg
1 tbsp molasses or honey

